

# CENSUS 2021 – Health, Disability, and Unpaid Care Briefing

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## Introduction

The Health, Disability, and Unpaid Care outputs from the 2021 Census were published by the Office for National Statistics (ONS) on the 19<sup>th</sup> January 2023.

The key summary points are:

- 85.9% of Barnet’s population consider themselves to be in very good or good health. This is a 1.4% increase from the 2011 Census and 1.9% above the 2021 Census average of all local authorities in London.
- 12.8% of Barnet’s population are disabled under the Equality Act (2010), with their day-to-day activities being limited a little (7.1%) or a lot (5.7%). This is a 1.2% decrease from the 2011 Census and 1.4% lower than the 2021 Census average of all local authorities in London.
- 26.3% of households in Barnet have one or more people disabled under the Equality Act (2010). This is a 2.1% decline compared to the 2011 Census and 0.3% below the 2021 Census average of all local authorities in London.
- 7.9% of Barnet’s population provide unpaid care. The proportion providing 19 hours or less unpaid care a week has decreased by 1.7% since the 2011 Census (from 6.0% to 4.3%) whilst the proportion providing 20 hours or more unpaid care a week has risen by 0.5% compared to the 2011 Census (from 3.1% to 3.6%).
- Barnet has the second highest percentage of its population providing 19 hours or less unpaid care per week (4.5%) of all local authorities in London, with only Bromley having a higher percentage (4.6%). Barnet is 0.7% above the 2021 Census average of all local authorities in London (3.8%).
- Osidge has a high prevalence of disability and unpaid care provision. It is the top of the 42 Middle Super Output Areas (MSOAs) in Barnet for percentage of households with two or more people disabled under the Equality Act and the percentage of individuals providing 19 hours, and is also in the top 5 MSOAs for the percentage of individuals providing 20 hours or more unpaid care a week.

## Health

As part of the 2021 Census, respondents were asked to assess their general health on a five-point scale: "Very good", "Good", "Fair", "Bad", or "Very bad". The health question asked in the 2011 Census was comparable to this, though the 2021 Census was conducted during the COVID-19 pandemic which may have impacted the people's perception of their health.

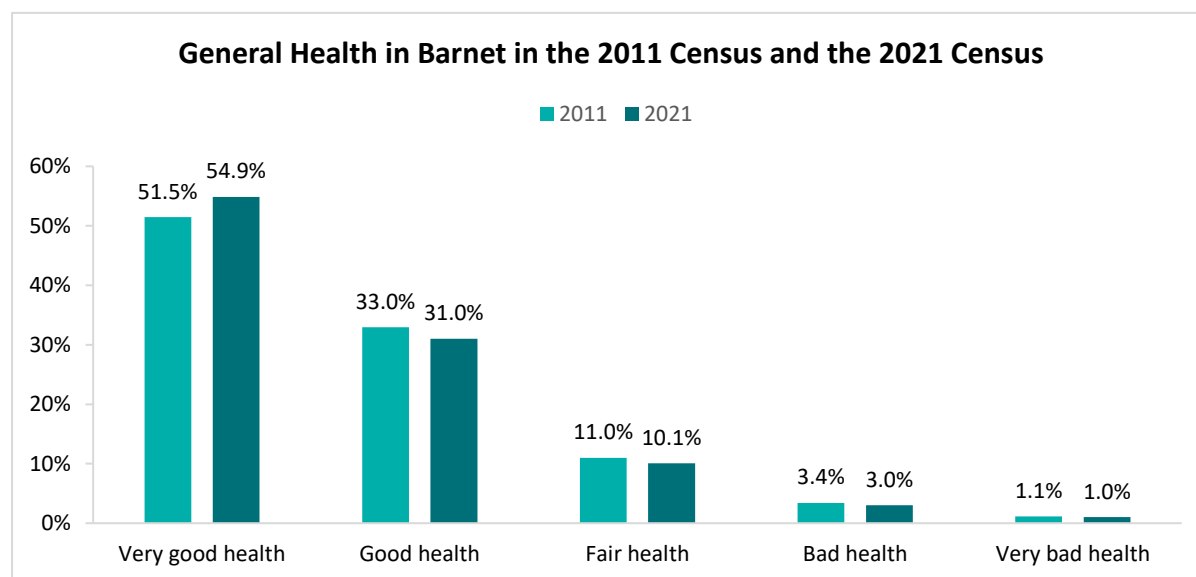
Within Barnet:

- The 2021 Census showed that over half of Barnet's population (54.9%; 213,576 individuals) consider themselves to be in very good health.
- 85.9% of Barnet's population (334,378 individuals) consider themselves to be in very good or good health; this represents an increase of 1.4% from the 2011 Census.
- 10.1% of Barnet's population (39,317 individuals) considered themselves to be in fair health. Compared to the 2011 Census, this is a 0.9% decrease in the proportion of Barnet's population but an increase of 145 people.
- 4.0% of Barnet's population (11,724 individuals) considered themselves to be in bad or very bad health; this is a 0.5% decrease compared to the 2011 Census.

**Table 1: A comparison of general health in Barnet in the 2011 Census and in the 2021 Census.**

General Health Category	2011 Census		2021 Census		Total Percentage Difference
	Number	%	Number	%	
Very Good Health	183,453	51.5%	213,576	54.9%	3.4%
Good Health	117,508	33.0%	120,802	31.0%	-2.0%
Fair Health	39,172	11.0%	39,317	10.1%	-0.9%
Bad Health	12,197	3.4%	11,724	3.0%	-0.4%
Very Bad Health	4,056	1.1%	3,925	1.0%	-0.1%

**Chart 1: The general health of Barnet’s population as defined by the 2011 Census and the 2021 Census.**



There are differences in how people consider their general health across areas of Barnet. Maps showing the geographical distribution of the people who consider themselves in very good and very bad health by Middle Super Output Area (MSOA) within Barnet can be found in Appendix 1 and 2. Tables 2 and 3 show the top five Barnet MSOAs for the percentage of individuals who consider themselves to be in very good or very bad health respectively.

**Table 2: The top five of the 42 Barnet MSOAs for the percentage of individuals who consider their health to be very good in the 2021 Census.**

Rank	MSOA	Number of individuals who consider their health to be very good	% of all those in MSOA who consider their health to be very good
1	Golders Green North	7,589	65.7%
2	Hendon Park	4,978	62.1%
3	Temple Fortune	6,204	60.7%
4	Hampstead Garden Suburb	5,532	60.6%
5	Golders Green South	4,850	58.1%

**Table 3: The top five of the 42 Barnet MSOAs for the percentage of individuals who consider their health to be very bad in the 2021 Census.**

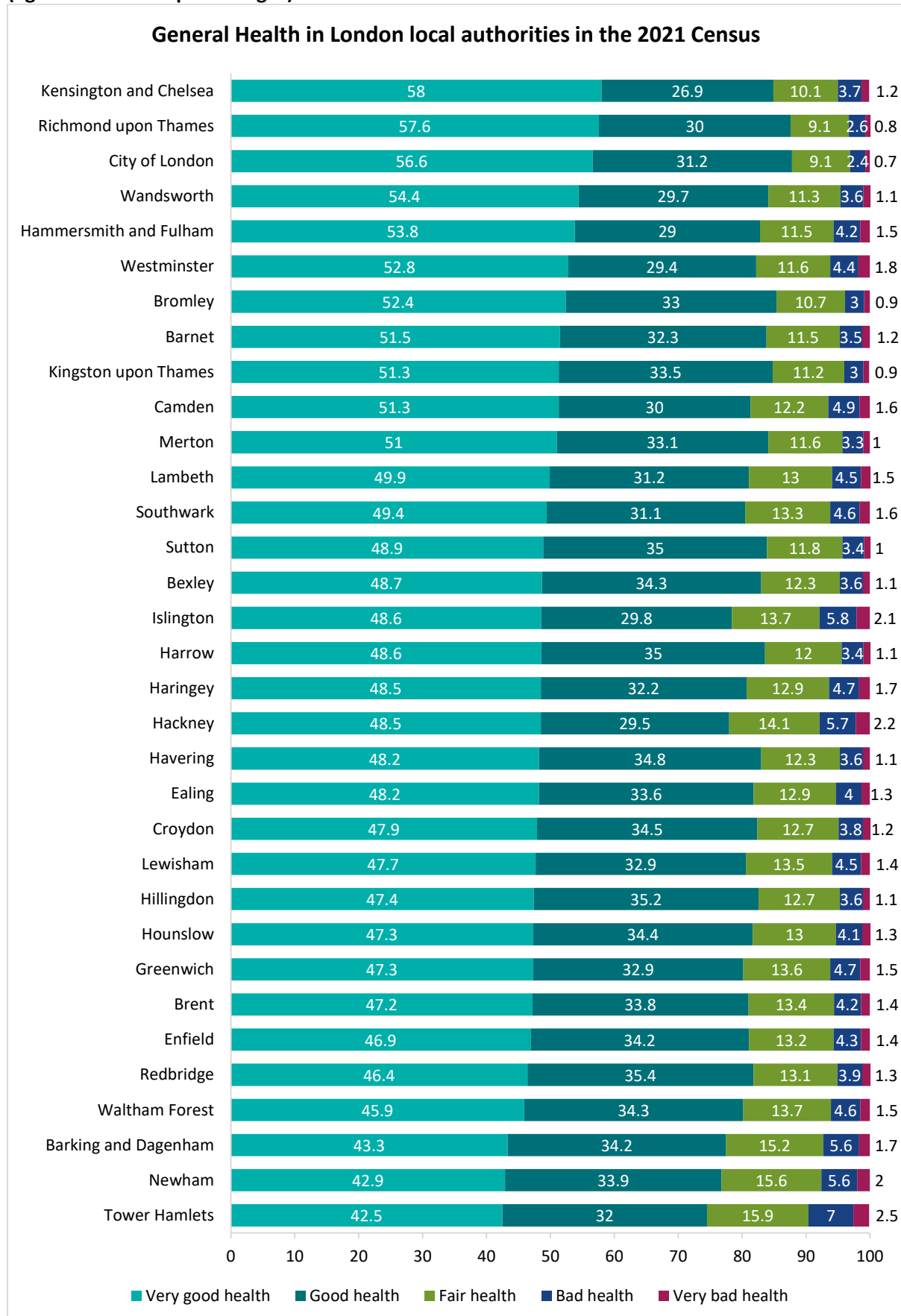
Rank	MSOA	Number of individuals who consider their health to be very bad	% of all those in MSOA who consider their health to be very bad
1	Ducks Island & Underhill	133	1.4%
2	North Cricklewood	102	1.3%
3	Mill Hill Broadway	115	1.3%
4	Childs Hill	86	1.3%
5	Brent Cross & Staples Corner	88	1.3%

When compared to the age-standardised average of all local authorities in the London region in the 2021 Census, 1.9% more of Barnet’s population considered themselves to be in very good or good health. Additionally, 0.7% less of Barnet’s population considered themselves to be in bad or very bad health compared to the London average. When comparing Barnet to each individual London local authority, Barnet has the eighth highest percentage of its population who consider themselves to be in very good health, and the highest of the five North Central London (NCL) integrated care board local authorities (Barnet, Camden, Enfield, Islington and Haringey).

**Table 4: A comparison of general health in the 2021 Census for Barnet and the average of all local authorities in London.**

	Barnet 2021	London 2021	Total
General Health Category	Age-standardised percentage	Age-standardised percentage	Percentage Difference
Very Good Health	51.5%	49%	2.5%
Good Health	32.3%	32.9%	-0.6%
Fair Health	11.5%	12.6%	-1.1%
Bad Health	3.5%	4.1%	-0.6%
Very Bad Health	1.25	1.3%	-0.1%

**Chart 2: The general health of the population in each London local authority in the 2021 Census (age-standardised percentages).**



## Disability

The Equality Act (2010) defines an individual as disabled if they have a physical or mental impairment that has a substantial and long-term negative effect on their ability to carry out normal day-to-day activities. The 2021 Census questions on disability were changed from the 2011 Census questions to more closely align with this definition set forward in the Equality Act. This may have altered the number of people who identified as disabled. Furthermore, the 2021 Census was conducted during the COVID-19 pandemic; this may have influenced how individuals perceive their disability status and associated activity limitations.

Within Barnet:

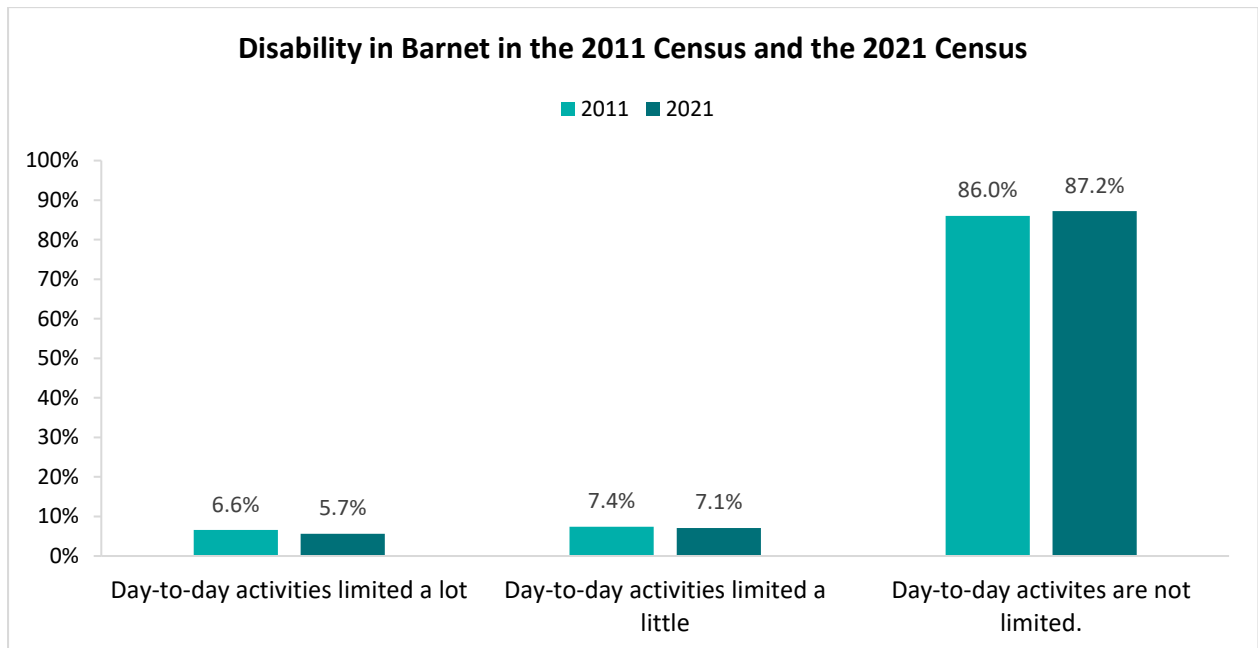
- The 2021 Census showed 82.1% of Barnet's population (319,778 individuals) to not be disabled under the Equality Act and to not have any long-term physical or mental health conditions. A further 5.1% (19,887 individuals) were not disabled under the Equality Act and had a long-term physical or mental health condition that does not limit day-to-day activities. Together, this represents 87.2% of the population whose day-to-day activities are not limited by disability, a 1.2% increase compared to the 2011 Census.
- 7.1% (27,676 individuals) are disabled under the Equality Act and their day-to-day activities are limited a little. Compared to the 2011 Census, this represents a 0.3% decrease in the proportion of Barnet's population but an increase of 1,248 people.
- 5.7% (22,003 individuals) are disabled under the Equality act and their day-to-day activities are limited a lot. Compared to the 2011 Census, this represents a 0.9% decrease.

**Table 5: Disability in Barnet in the 2011 Census and 2021 Census.**

*Cells shaded in grey represent categories for which statistics were not available due to the question change between the 2011 Census and 2021 Census.*

Category	2011 Census		2021 Census		Total Percentage Difference
	Number	%	Number	%	
Day-to-day activities limited a lot	23,475	6.6%	22,003	5.7%	-0.9%
Day-to-day activities limited a little	26,428	7.4%	27,676	7.1%	-0.3%
Day-to-day activities not limited	306,483	86.0%	339,665	87.2%	1.2%
- <i>Not disabled under the Equality Act: Has long term physical or mental health condition but day-to-day activities are not limited</i>			19,887	5.1%	
- <i>Not disabled under the Equality Act: No long term physical or mental health conditions</i>			319,778	82.1%	

**Chart 3: Disability in Barnet’s population as defined by the 2011 Census and the 2021 Census.**



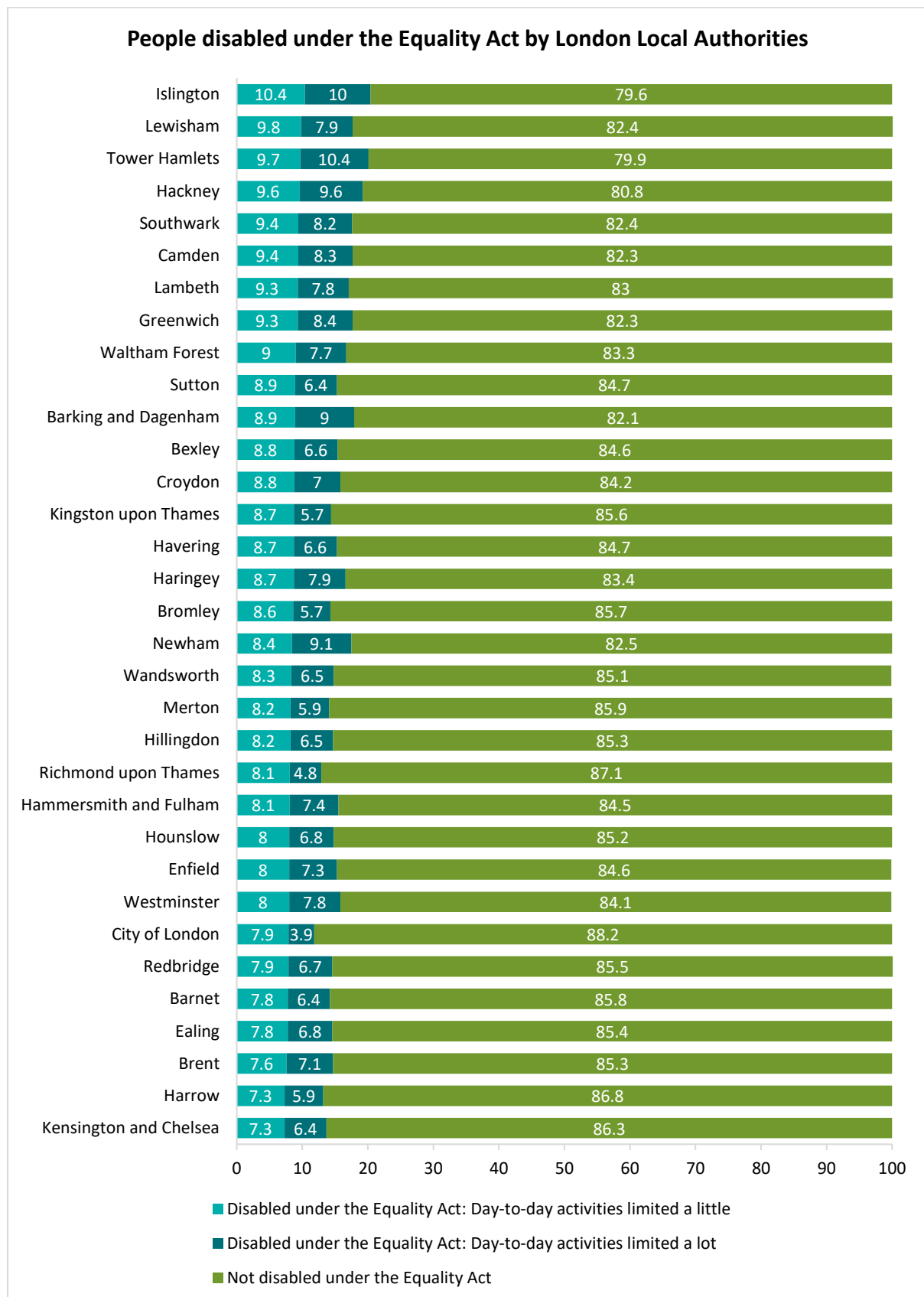
When compared to the age-standardised average of all local authorities in the London region in the 2021 Census, 1.5% more of Barnet’s population is not disabled under the Equality Act. 0.7% less are disabled under the Equality Act and their day-to-day activities are limited a little and 0.7% less are disabled under the Equality Act and their day-to-day activities are limited a lot, compared to the London average.

When comparing Barnet to each individual London local authority, Barnet is the sixth highest in the proportion of its population that is not disabled under the Equality Act and has the highest proportion of the NCL. Additionally, Barnet is the fourth lowest of all London local authorities for the proportion of its population that is disabled under the Equality Act and their day-to-day activities are limited a little, and the eighth lowest for the proportion of its population that is disabled under the Equality Act and their day-to-day activities are limited a lot.

**Table 6: People disabled under the Equality Act in the 2021 Census for Barnet and all local authorities in the London region.**

Category	Barnet 2021	London 2021	Total Percentage Difference
	Age-standardised percentage	Age-standardised percentage	
Disabled under the Equality Act: Day-to-day activities limited a lot	6.4%	7.1%	-0.7%
Disabled under the Equality Act: Day-to-day activities limited a little	7.8%	8.5%	-0.7%
Not disabled under the Equality Act	85.8%	84.3%	1.5%

**Chart 4: People disabled under the Equality Act in each London Local Authority in the 2021 Census (age-standardised percentages).**





Disability varies within Barnet. A map showing the geographical distribution of the people who are disabled under the Equality Act by MSOA within Barnet can be found in Appendix 3. Table 7 shows the top five MSOAs for the percentage of individuals disabled under the Equality Act.

**Table 7: The top five of the 42 Barnet MSOAs for the percentage of individuals who are disabled under the Equality Act in the 2021 Census.**

Rank	MSOA	Number of individuals who are disabled under the Equality Act	% all those in MSOA who are disabled under the Equality Act
1	Ducks Island & Underhill	1,542	16.0%
2	Hadley Wood	1,343	15.6%
3	Fallow Corner	1,512	14.6%
4	North Finchley	1,673	14.5%
5	High Barnet & Hadley	1,524	14.1%

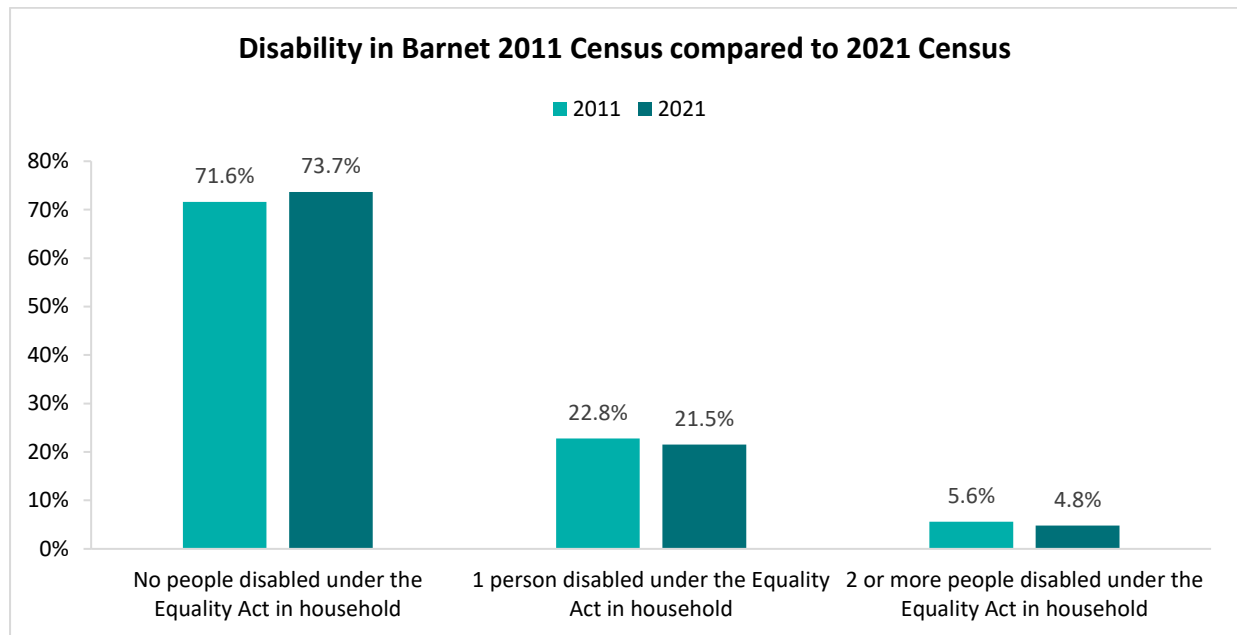
The Census also looks at the number of people disabled under the Equality Act per household:

- 73.7% of households (109,680 households) in Barnet have no people disabled under the Equality Act. This equates to a 2.1% rise compared to the 2011 Census.
- 21.5% of households (32,030 households) in Barnet have one person disabled under the Equality Act, a 1.3% decline in comparison to the 2011 Census.
- 4.8% of households (7,207 households) in Barnet have two or more people disabled under the Equality Act, representing a 0.8% decrease compared to the 2011 Census.

**Table 8: A comparison of the number of people disabled under the Equality Act per household in Barnet in the 2011 Census and the 2021 Census.**

Category	2011 Census		2021 Census		Total Percentage Difference
	Number	%	Number	%	
No people disabled under the Equality Act in household	97,360	71.6%	109,680	73.7%	2.1%
1 person disabled under the Equality Act in household	30,924	22.8%	32,030	21.5%	-1.3%
2 or more people disabled under the Equality Act in household	7,632	5.6%	7,207	4.8%	-0.8%

**Chart 5: The number of people disabled under the Equality Act per household as defined by the 2011 Census and the 2021 Census.**



When compared to the average of all local authorities in the London region, the proportion of households with 1 person disabled under the Equality Act is the same in Barnet as the London region average. The number of households with no disabled people under the Equality Act was 0.3% higher and the number of households with two or more people disabled under the Equality Act was -0.3% lower than the London region average.

**Table 9: A comparison of the number of people disabled under the Equality Act per household in Barnet in the 2011 Census and the 2021 Census.**

Category	Barnet 2021		London 2021		Total Percentage Difference
	Number	%	Number	%	
No people disabled under the Equality Act in household	109,680	73.7%	2,512,350	73.4%	0.3%
1 person disabled under the Equality Act in household	32,030	21.5%	736,752	21.5%	0%
2 or more people disabled under the Equality Act in household	7,207	4.8%	174,788	5.1%	-0.3%

A map showing the geographical distribution of the households with two or more people disabled under the Equality Act by MSOA within Barnet can be found in Appendix 4. Table 10 shows the top five MSOAs for the percentage of households with two or more people disabled under the Equality Act. Fallow Corner is also in the top five for the percentage of individuals disabled under the Equality Act (Table 7).

**Table 10: The top five of the 42 Barnet MSOAs for the percentage of households with two or more people disabled under the Equality Act.**

Rank	MSOA	Number of households with two or more people disabled under the Equality Act	% all households in MSOA with two or more people who are disabled under the Equality Act
1	Osidge	189	6.9%
2	Oak Hill	162	6.5%
3	Edgware Park	235	6.3%
4	Mill Hill Broadway	190	6.2%
5	Fallow Corner	248	6.2%

## Unpaid Care

The Census 2021 asked individuals if they looked after, gave help, or gave support to anyone because they have long-term physical or mental health conditions or illnesses, or problems related to old age; individuals were asked to exclude any caring they did as part of their paid employment. Census 2021 was undertaken during the COVID-19 pandemic, which may have also influenced how people perceived and undertook their provision of unpaid care and therefore may have affected how people chose to respond to this question.

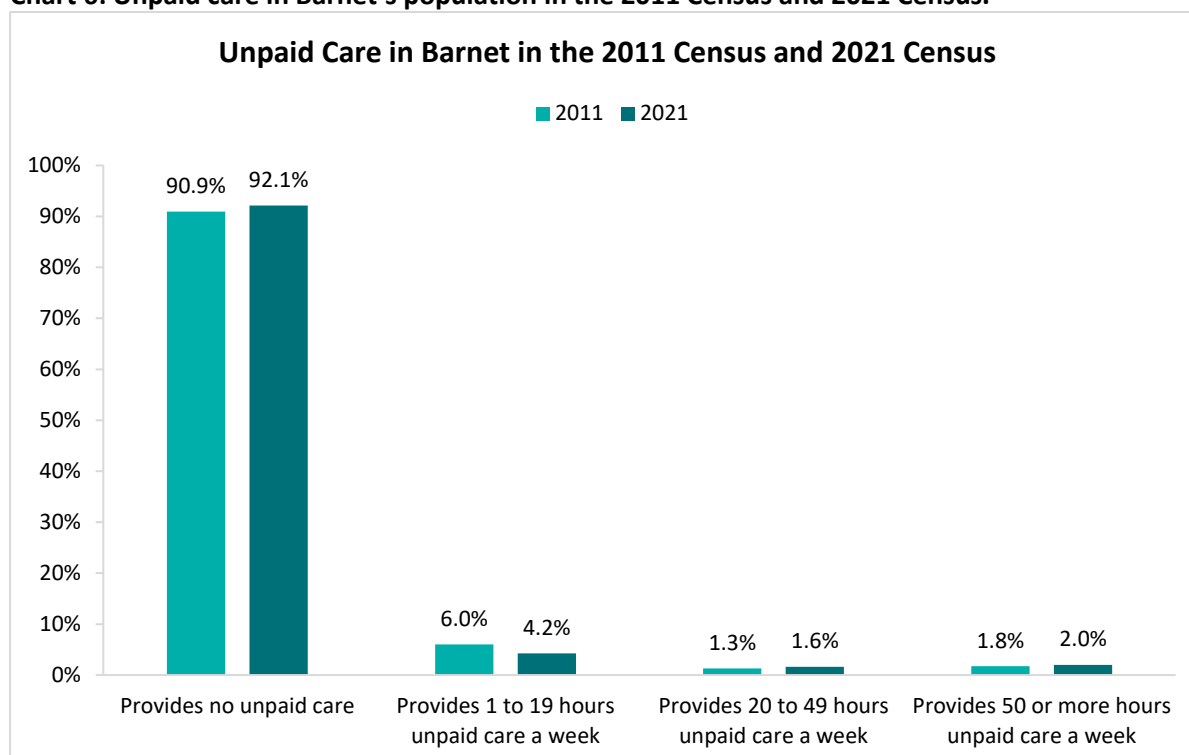
In Barnet:

- The 2021 Census showed 92.1% of Barnet’s population (336,430 individuals) provide no unpaid care; this accounts for a 1.2% increase compared to the 2011 Census.
- 4.3% provide 19 hours or less unpaid care a week according to the 2021 Census, a 1.7% decrease compared to the 2011 Census. Of these respondents, 3.1% provide 9 hours or less unpaid care a week and 1.2% between 10 and 19 hours of unpaid care a week.
- 1.6% of Barnet’s population in the 2021 Census provide between 20 and 49 hours or unpaid care a week – 0.8% provide between 20 and 34 hours and 0.9% between 35 and 49 hours of unpaid care a week. This is a 0.3% increase compared to the 2011 Census.
- 2.0% provide over 50 hours of unpaid care a week according to the 2021 Census, a 0.2% rise compared to the 2011 Census.

**Table 11: Unpaid care in Barnet in the 2011 Census and 2021 Census.**

Category	2011 Census		2021 Census		Total Percentage Difference
	Number	%	Number	%	
Provides no unpaid care	324,066	90.9%	336,430	92.1%	1.2%
Provides 1 to 19 hours unpaid care a week	21,487	6.0%	15,512	4.3%	-1.7%
Provides 20 to 49 hours unpaid care a week	4,586	1.3%	5,968	1.6%	0.3%
Provides 50 or more hours unpaid care a week	6,247	1.8%	7,328	2.0%	0.2%

**Chart 6: Unpaid care in Barnet's population in the 2011 Census and 2021 Census.**



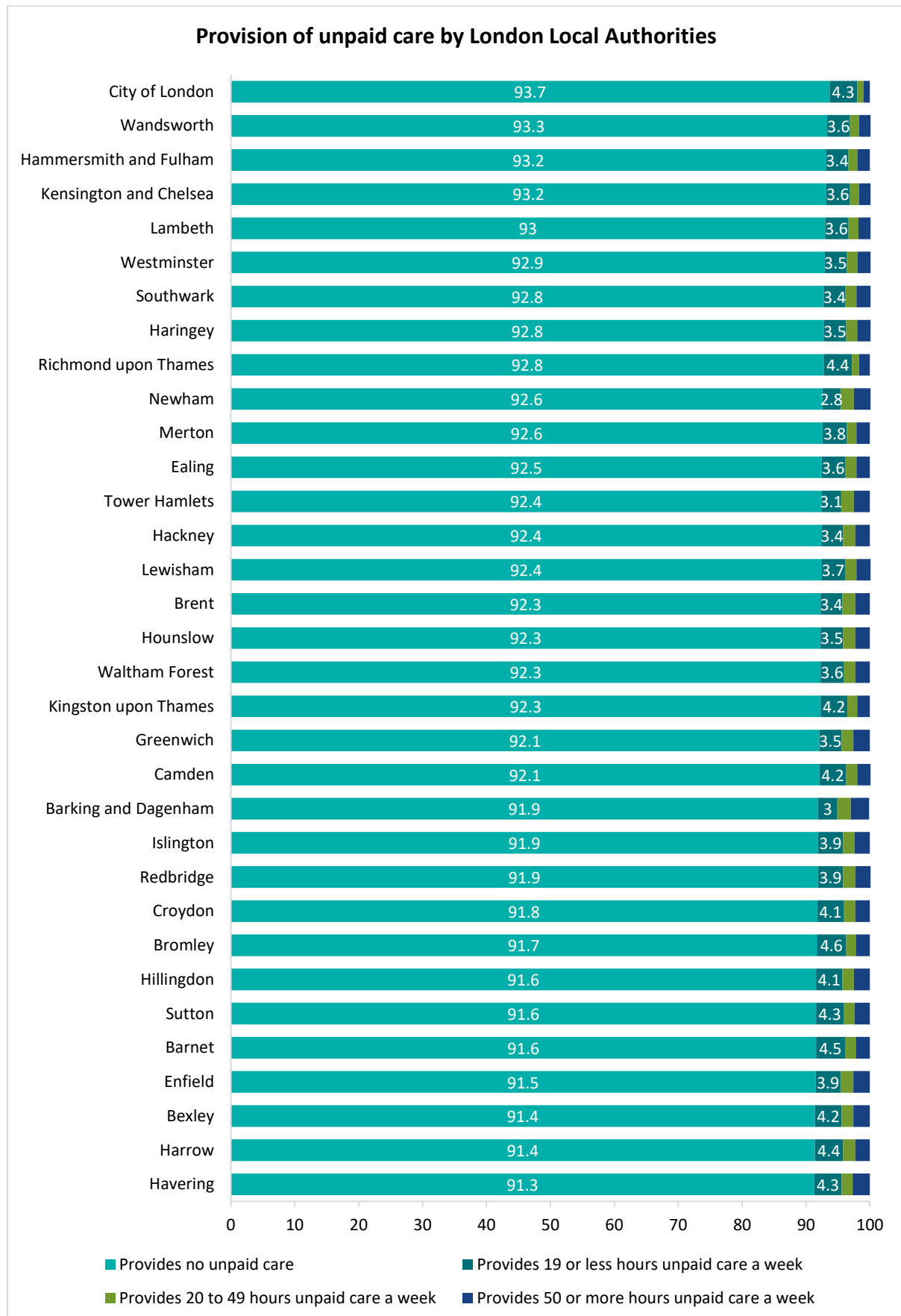
When compared to the age-standardised average of all local authorities in the London region, 0.6% less of Barnet's population provide no unpaid care according to the 2021 Census. Conversely, 0.7% more of Barnet's population provide 19 hours or less of unpaid care a week compared to the average of all local authorities in London. The percentage of individuals who provide 20 to 49 hours of unpaid care a week in both Barnet was the same as the London average at 1.7%, whilst 0.1% less of Barnet's population provide 50 hours or more unpaid care a week.

When looking at individual London local authorities, Barnet has the second highest percentage of its population providing 19 hours or less unpaid care per week at 4.5%, with only Bromley having a higher percentage.

**Table 12: The provision of unpaid care in the 2021 Census for Barnet and all of the local authorities in the London region.**

Category	Barnet 2021	London 2021	Total Percentage Difference
	Age-standardised percentage	Age-standardised percentage	
Provides no unpaid care	91.6%	92.2%	-0.6%
Provides 1 to 19 hours unpaid care a week	4.5%	3.8%	0.7%
Provides 20 to 49 hours unpaid care a week	1.7%	1.7%	0.0%
Provides 50 or more hours unpaid care a week	2.2%	2.3%	-0.1%

**Chart 7: The provision of unpaid care in all London local authorities (age-standardised percentages).**



The provision of unpaid care differs within Barnet. Maps depicting the geographical distribution of the percentage of the population providing differing amounts of unpaid care a week by MSOA within Barnet can be found in Appendix 5-7. Tables 13 and 14 show the top five Barnet MSOAs by percentage of individuals providing 19 hours or less unpaid care a week and 20 hours or more unpaid care a week, respectively. Osidge is the only MSOA in the top five for both categories.

**Table 13: The top five of the 42 Barnet MSOAs for the percentage of individuals providing 19 hours or less unpaid care a week.**

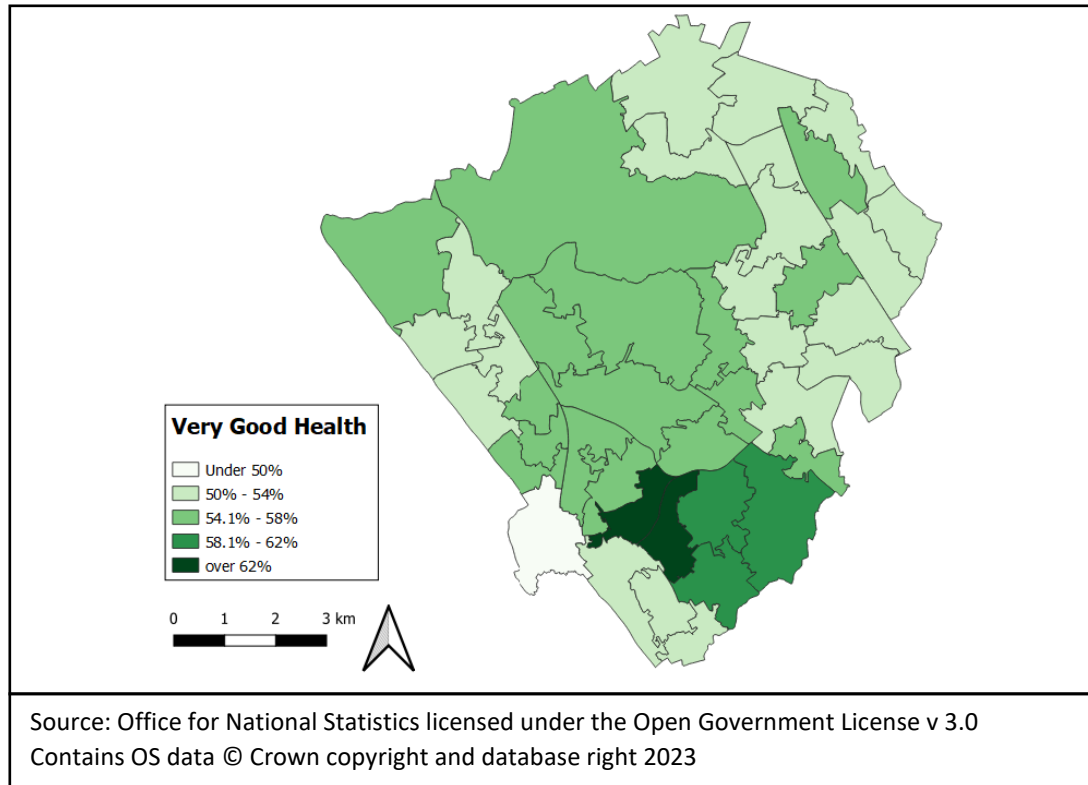
Rank	MSOA	Number of individuals providing 19 hours or less unpaid care a week	% all those in MSOA providing 19 hours or less unpaid care a week
1	Osidge	432	5.4%
2	Totteridge & Barnet Gate	476	5.0%
3	Oak Hill	321	5.0%
4	West Finchley	376	5.0%
5	Fallow Corner	502	4.8%

**Table 14: The top five of the 42 Barnet MSOAs for the percentage of individuals providing 20 hours or more unpaid care a week.**

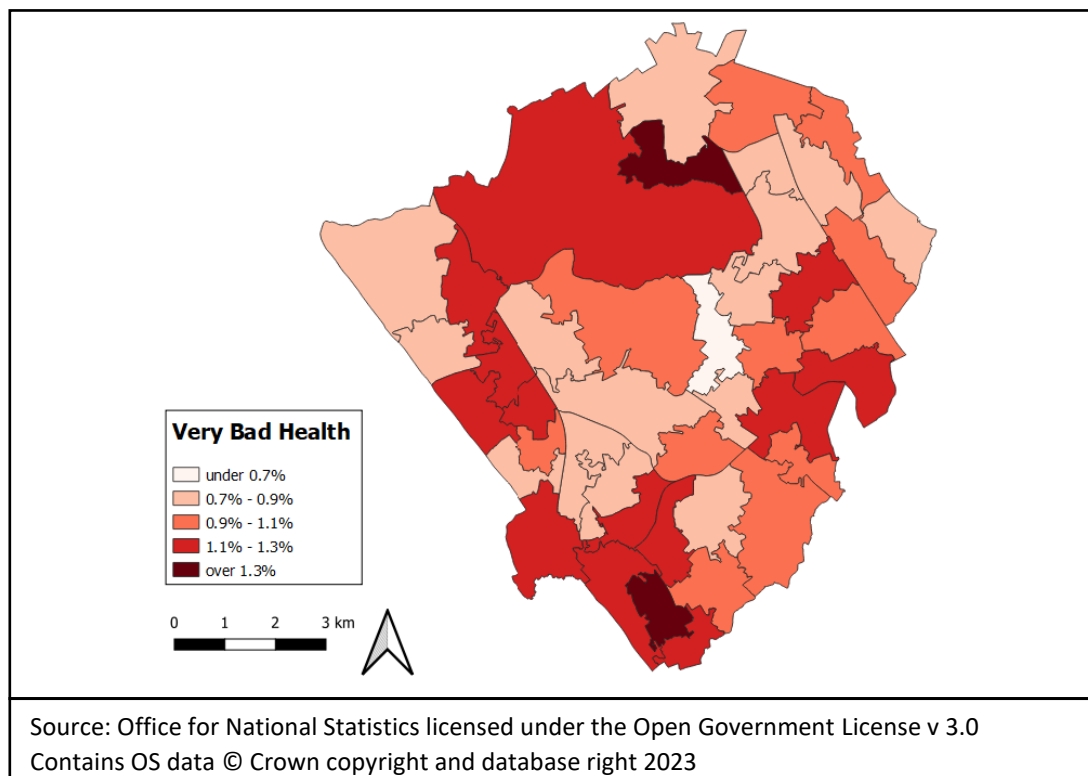
Rank	MSOA	Number of individuals providing 20 hours or more unpaid care a week	% all those in MSOA providing 20 hours or more unpaid care a week
1	Ducks Island & Underhill	441	4.6%
2	Mill Hill Broadway	387	4.4%
3	Osidge	344	4.3%
4	Brent Cross & Staples Corner	295	4.2%
5	Brunswick Park Road	365	4.1%

## Appendix

**Appendix 1: The percentage of each Barnet MSOA's population who consider themselves to be in very good health.**

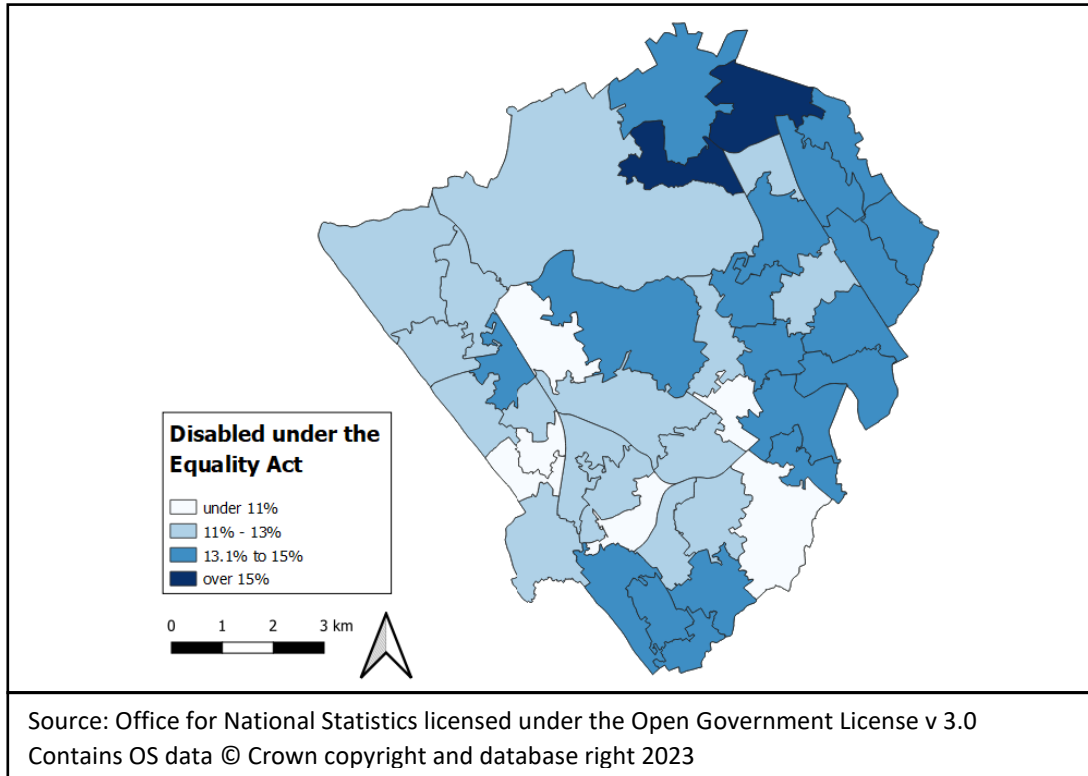


**Appendix 2: The percentage of each Barnet MSOA's population who consider themselves to be in very bad health.**

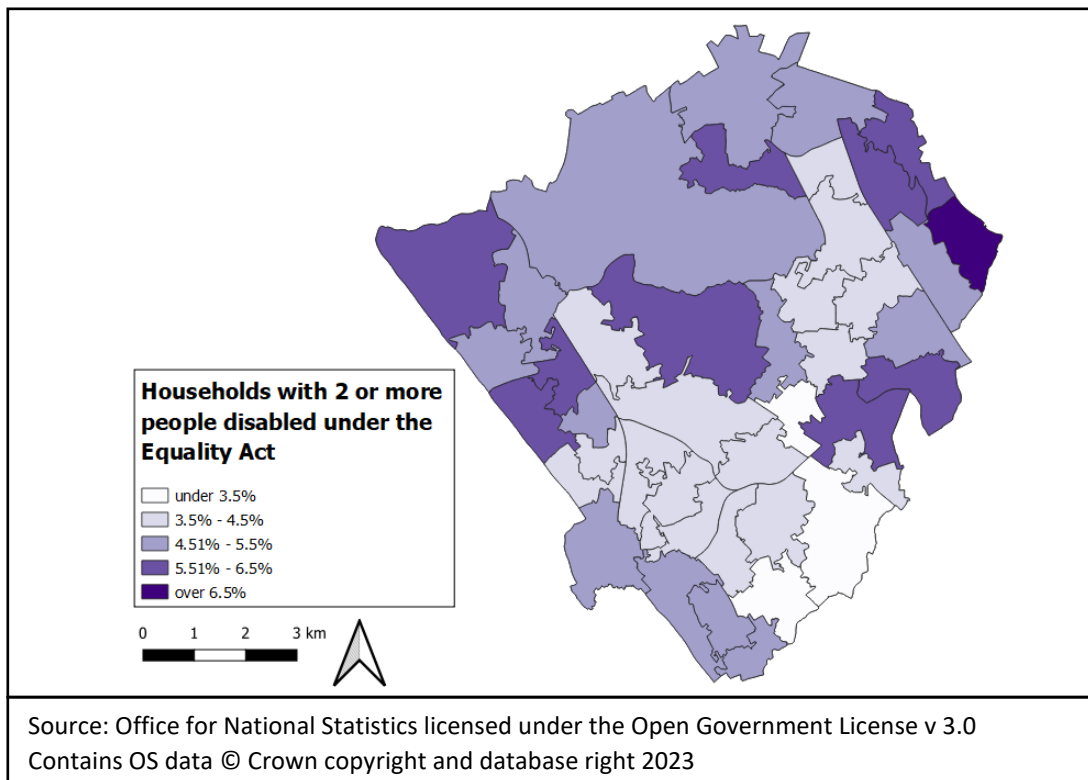




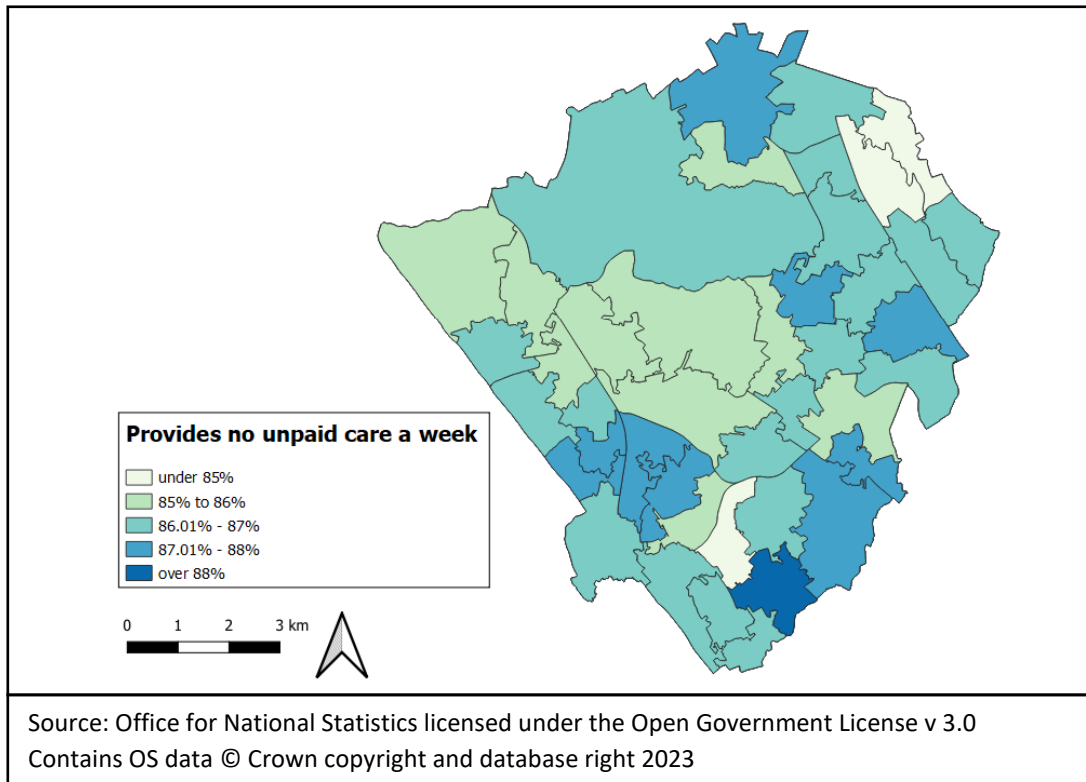
**Appendix 3: The percentage of each Barnet MSOA's population who are disabled under the Equality Act.**



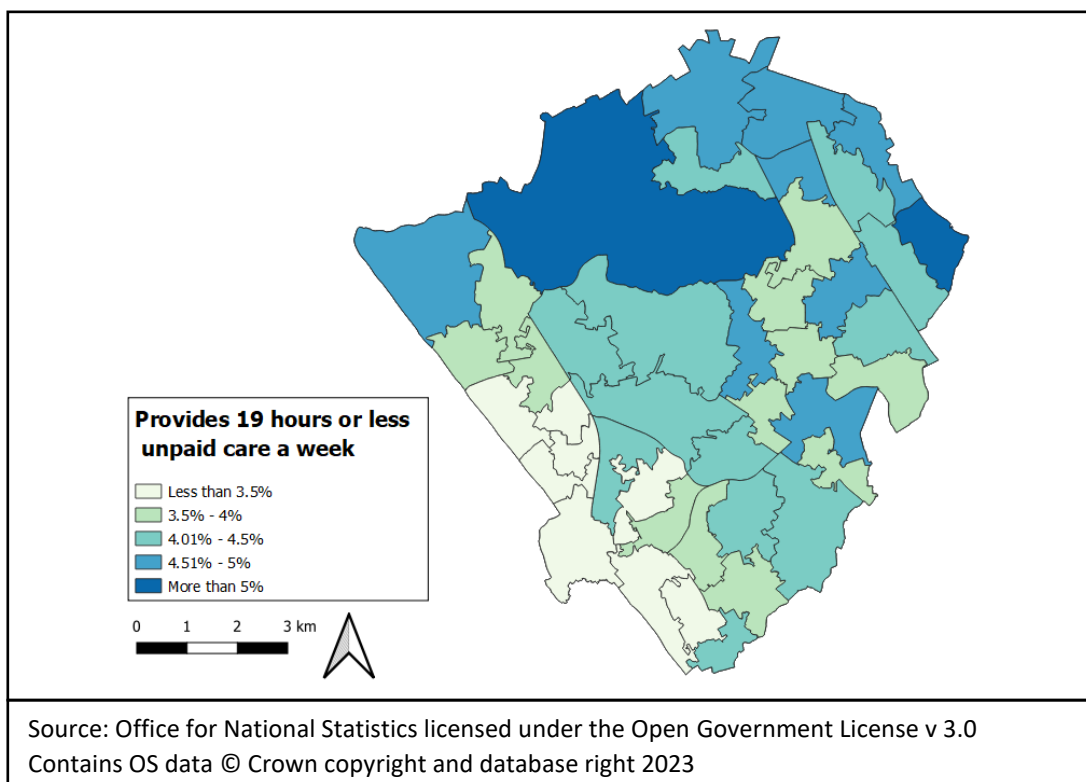
**Appendix 4: The percentage of each Barnet MSOA's households that have two or more people disabled under the Equality Act.**



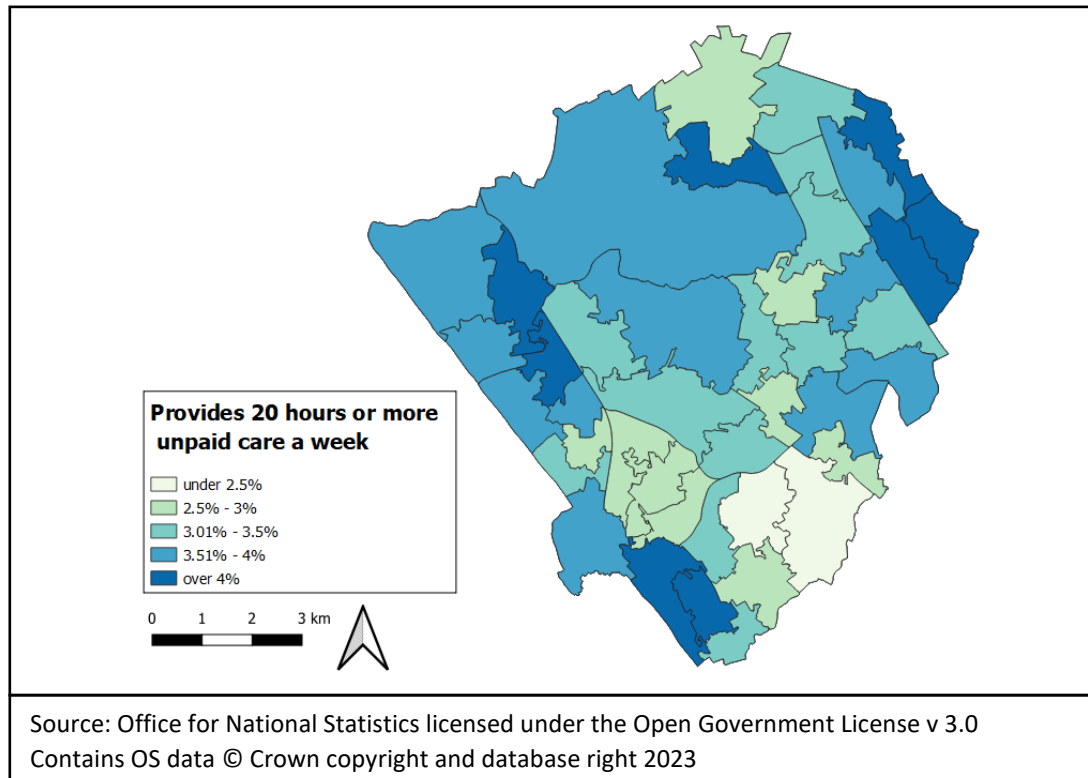
**Appendix 5: The percentage of each Barnet MSOA's population that provides no unpaid care.**



**Appendix 6: The percentage of each Barnet MSOA's population that provides 19 hours or less unpaid care a week.**



**Appendix 7: The percentage of each Barnet MSOA's population that provides 20 hours or more unpaid care a week.**



## Sources

Census 2021 Health: [General health, England and Wales - Office for National Statistics \(ons.gov.uk\)](https://www.ons.gov.uk)

Census 2021 Disability: [Disability, England and Wales - Office for National Statistics \(ons.gov.uk\)](https://www.ons.gov.uk)

Census 2021 Unpaid Care: [Unpaid care, England and Wales - Office for National Statistics \(ons.gov.uk\)](https://www.ons.gov.uk)

House of Commons MSOA Names: [MSOA Names \(houseofcommonslibrary.github.io\)](https://github.com/houseofcommonslibrary/msoa-names)